

Mecklenburg County Council (MCC) C.O.P.E. & Climbing Instructor Training

Course Name	MCC COPE & Climbing Foundations Instructor Level I (MCC Climbing Towers/Indoor Wall) Training Course
Course Dates	May 1-3, 2020
Course Duration	20 Hours (6 pm Friday to 1 pm Sunday)
Course Location	Belk Scout Camp (Climbing Tower & Leadership Development Center); Participants will be staying in Camp Staff Cabins
Course Fee	\$60 (Includes meals)
Course Eligibility	<ul style="list-style-type: none"> • BSA Registered Adult (at least 18 years old) • BSA Registered Youth (at least 16 years old and have earned the Climbing Merit Badge)
Course Prerequisites & Required Reading Prior to Start of Course	<ul style="list-style-type: none"> • BSA Youth Protection Training ¹ • BSA Climb On Safely ¹ • BSA Weather Hazards ¹ • BSA Annual Medical and Health Form (Parts A & B) ² • Read Chapters 2, 5-11, 13-14, and 27 in the BSA "Belay On" Manual ³
Course Provided Equipment	<p>A climbing harness and helmet will be provided for use by each participant during the training course. If you have your own climbing harness and helmet, you may bring them to the weekend course and request approval for use.</p> <p><u>IMPORTANT NOTE:</u> Prior to granting permission for use, all personal climbing harnesses and helmets will be subject to inspection by the course staff to ensure they meet both BSA's and the manufacturer's safety and appropriate use standards.</p>
Course References	<ul style="list-style-type: none"> • BSA "Belay On" Manual ³ • BSA "Climb On Safely" Training Outline ³ • BSA "Climbing" Merit Badge Pamphlet • Climbing Knots including but not limited to the following: Figure 8, Figure 8 Follow Through, Water Knot, Stopper Knot, and Clove Hitch. <p><i>An excellent on-line resource is "Animated Knots" by Grog (www.animatedknots.com).</i></p>
Course Registration	Please register online (http://www.mccscouting.org/cope-climbing) or visit the MCC Scouting Office and pay course fee by Tuesday (4/28/20)
Course Questions	Contact Sasha Timkovich, timkovich@gmail.com (704) 340-0970 or Rob Seate, rseate@carolina.rr.com (704) 830-8227

Course Description

The course is designed to cover the Challenging Outdoor Personal Experience (COPE) and Climbing Instructor Level I Foundations and Climbing Instructor Level I competencies. The course goal is to ensure that you can safely and effectively support MCC Unit, District, and Council climbing/rappelling activities held at either the Belk Scout Camp Tower or Mecklenburg Scout Reservation (MSR) Tower/Indoor Wall. Training will be conducted following the BSA guidelines of "Climb On Safely", "Belay On", National Camp Accreditation Program (NCAP) Standards, and MCC's Climbing/Rappelling Policies and Procedures.

This Level I course is intended for BSA registered adults who meet the above prerequisites and are interested in learning and teaching the basics of climbing and rappelling on MCC's Climbing Towers/Indoor Wall. Upon successful completion of the course (to include demonstrating climbing/rappelling core competencies), adults will receive their BSA "Climbing Instructor Level I" training card.

BSA registered youth who meet the above prerequisites are also eligible to take the Level I course. Upon successful completion (to include demonstrating climbing/rappelling core competencies), youth will receive their BSA "Climbing Instructor in Training" card.

Please note that this course will only focus on MCC's artificial climbing surfaces (i.e. Towers/Indoor Wall) and will not cover natural rock climbing/rappelling or anchor set-up/safety.



¹ BSA prerequisite training must be current (i.e. within 2 years) or completed before the Instructor Training Card can be issued

² BSA Annual Medical Form (Parts A & B) must be current (i.e. within 12 months)

³ MCC COPE/Climbing Website Address: <http://www.mccscouting.org/cope-climbing>